

WATERVLIET HOUSING AUTHORITY

Executive Director, Matthew J. Ethier

2400 2nd Avenue, Watervliet, NY

(518) 273-4717

office@watervliethousing.org

DECEMBER 2018



THIS MONTH...

DECEMBER 7

Last Day Rent is Due

DECEMBER 17

Annual Santa Visits (See page 5 for more information)

DECEMBER 24

Office is closed 1/2 day (Christmas Eve)

DECEMBER 25

Office is closed (Christmas Day)

DECEMBER 31

Office is closed 1/2 day (New Year's Eve)

JANUARY 1

Office is closed (New Year's Day)

2019 CALENDARS

You should be receiving your 2019 WHA calendar soon. This calendar is filled with information about the Authority and many important dates you need to know. We hope you find it useful. If you do not receive one and want a calendar, please stop by the office or call us!

UPDATE YOUR INFORMATION

Please be sure the office has all of your contact information up to date in our system including a working phone number, email address, and current license plate number. We need to be able to contact you efficiently, especially during snow storms. Call the office at 273-4717 to update your information with a staff member.

REMINDER

Don't forget to put your name and apartment number on your check or money order before you hand in your rent payment each month!



www.WatervlietHousing.org

Emergency Number:
273-6085 (after hours)

WINTER TIPS

HOLIDAY HEALTH TIPS

The opportunities to eat around the holidays seem endless, beginning on Halloween and not ending until New Year's Day. Toss in an out-of-control list of things to do – from parties to host and attend, to gifts to wrap and ship – and it's no wonder most of us pack on the holiday pounds. Before the frenzy begins, establish a plan and detailed schedule for how you will manage all the things you need to do between now and New Year's Day.

A few ideas to help ease the holiday stress:

- Consider shopping online.
- Send out a holiday newsletter or photo card to everyone on your list.
- Scale back your social calendar to allow some down time to enjoy the spirit of the season

Even though it seems impossible to squeeze in more activities, your fitness routine is a priority. Physical activity of any kind- whether working out at the gym, exercising at home, fast walking at the mall, or going for a daily walk – helps you cope with stress while it burns calories and keeps muscles strong.

DRIVER SAFETY

Before winter, make sure your car is ready for the season with a tune-up, adequate tires, a charged battery, and antifreeze.

- Keep emergency gear in your car
- Avoid driving in bad weather. If you must, always drive slowly and with caution.
- Never sit in a parked car with the engine running unless a window is open, and never warm up your car in a garage.

WEATHER SAFETY

DRESS FOR THE COLD

- wear several layers
- cover exposed body parts/limbs with clothing
- wear no-slide shoes and boots
- change out of wet clothes as soon as possible

WALKING SAFETY

- always be cautious of where you are walking to avoid slips, trips, or falls
- do not walk outside until snow removal procedures have been completed

KNOW THE SIGNS

Frostbite

- loss of feeling in fingers, toes, ears, or nose
- white or pale fingers, toes, ears, or nose

Hypothermia

- uncontrollable shivering
- memory loss
- disorientation
- incoherence
- slurred speech
- exhaustion

HOME HEATING SAFETY

Cold weather means it is time to utilize your heating devices. Be sure to avoid home heating hazards by following these safety tips:

- Keep your thermostat at 55 degrees Fahrenheit or higher at all times to avoid freezing pipes.
- Ensure that all smoke detectors and carbon monoxide detectors are functioning properly.
- Never use your oven or stove as a heater.

If you must use a space heater, consider the following tips:

- They should be kept three feet away from anything that can burn, and placed on a level, secure surface.
- Never leave them unattended, and keep children and pets away from the heater.
- Never use an extension cord. They should only ever be plugged directly into an outlet.
- Only use space heaters that are UL approved.
- Close and secure all windows during the winter months.

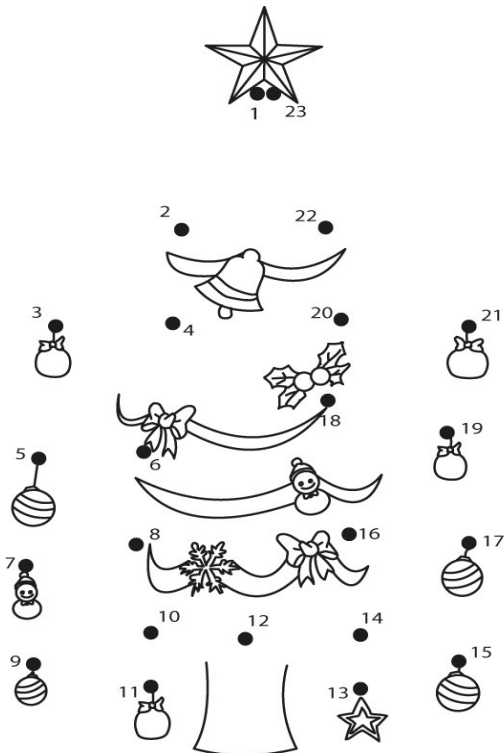
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WORD SEARCH

BELLS	ELVES
CANDLES	FROSTY
CANDY CANE	GIFT
CARDS	GIVING
CELEBRATE	GREETINGS
CHIMNEY	HOLIDAY
CHRISTMAS	JOLLY
RUDOLPH	JOY
SANTA	MERRY
SEASON	MISTLETOE
SLEIGH	NOEL
STOCKING	NORTH POLE
TREE	REINDEER
WREATH	

CONNECT THE DOTS



CRAFT OF THE MONTH

“PAPER PLATE TREE”

What you will need:
 paper plates, green paint, paint brushes, pom poms, yarn, white school glue, scissors

Instructions: Paint the paper plate green. Let the paint dry before you continue. Cut the paper plate in half. Make a cone and glue ends down. Decorate your Christmas tree with yarn and pom poms, using glue as your adhesive.

AROUND THE WHA

ICE MELT

There is a bucket of ice melt in all common area hallways. Please help us out. Spread a little ice melt on the walkway when you are leaving your apartment if you see that it is icy. We have extra ice melt in the office lobby if you are in need of some.

WELCOME TO OUR NEW MAINTENANCE STAFF MEMBER

The WHA recently hired a new maintenance worker, Dominic Iannone. He will be around completing work orders and up-keeping the grounds. If you see Dominic, be sure to say "Welcome!"



SNOW REMOVAL

Again, it is approaching winter and with that comes the snow. We must plow to keep the lots safe and usable. We will again be asking your support to have all vehicles moved by 9am the day following the storm. We can not always promise that we can give any prior notification other than this policy but we'll try the phone system method as much as possible. **BE SURE WE HAVE YOUR CURRENT PHONE NUMBER AND ANY UPDATED VEHICLE INFORMATION!** If you changed your number or want us to call a cell number be sure the office has the new number. Again this method is a courtesy and there will be NO excuse for not moving your car and being towed.

MOUSE PROBLEMS

It's getting colder and mice like to go where it's warm. Keep garbage in tight containers. If they get into your apartment, use traps. Place them along the walls. Call the office and we will put in a work order to drop traps off.

BULK GARBAGE

Large bulk items can ONLY be placed out for pick up the night of garbage. If anyone places any large items such as couches, large furniture, washing machines, or any items on a non-scheduled garbage day, you will be charged for the removal. We cannot continually pick up this type of material, and it looks very unsightly.

BED BUGS

Bed Bugs can be a big problem. Preventing them from entering your home can be easy if you take the right precautions. Bed bugs are usually unknowingly carried into homes by luggage, bedding, or furniture. To prevent an infestation, make sure you wash luggage and clothing immediately after returning from a trip. Also inspect used furniture before bringing it into your home. Never bring discarded bed frames, mattresses, box springs, or upholstered furniture into your home. Make sure to clean your bedding and furniture regularly. Call the WHA office if bed bug infestation occurs - we will take care of the problem.

WORK ORDERS

Do not give work orders to the maintenance staff in passing. You must call the office or email office@watervliethousing.org to submit your work orders. The work orders will not be put in our system unless you do this.

WHA ENERGY UPDATES

The Authority has entered into a contract with RISE engineering with financial support from National Grid to install LED bulbs and bathroom faucet aerators in every apartment. Additionally at Hanratta we will be replacing the wall sconces on floors 2-3-4 and ceiling lighting panels in the hallways with LED fixtures. The goal is to reduce energy usage and thus reduce your power bill. Work will be performed by RISE technicians and will cause a minimum disturbance. We should be in and out of each apartment in less than 10 minutes. Materials have been ordered and we will provide a specific work schedule once we receive confirmation from RISE.

2018 SANTA VISITS

Santa Visits will be held on **December 17th** this year. The WHA Staff, along with Santa Claus, will be visiting the children and families that signed up this year. We typically begin at 5 PM at the Hilton Apartments. We will then go to Van Rensselaer Village, Michael J. Day, then Joslin apartments. Be on the lookout for Santa and his elves! The application deadline was **November 16th**. If you did not fill out the application, call the office as soon as possible. If we are unable to pair your family with a donor, we will try to make other arrangements for Santa to stop by your apartment.

PHOTOS FROM THE 2017 SANTA VISITS



CHECK NEXT MONTH'S NEWSLETTER FOR THIS YEAR'S PHOTOS

IN THE COMMUNITY

ANNUAL TROY VICTORIAN STROLL

WHEN: SUNDAY, DEC 2, 2018 11:00 AM TO 5:00 PM

WHERE: RIVER STREET AND FULTON STREET TROY, NY

COST: FREE ADMISSION

PHONE: 518.274.7020

This annual premier free holiday tradition is set to celebrate the 36th year on Sunday, December 2, 2018 from 11 a.m. to 5 p.m.! Join in the merriment as the historic streets of downtown Troy transforms into a magical stage offering more than 100 free attractions, including the region's top performers, musicians, dancers, magicians and storytellers. There will be rides, refreshments, an arts & crafts show and much more! Need to finish your holiday shopping? Throughout the afternoon, Troy's fine shops, boutiques and galleries will be open for shopping. If you're hungry, make sure to stop into many of Troy's best eateries or for a quick bite, or visit our food court located at Monument Square. For more info, visit: <https://www.victorianstroll.com/>

EMPIRE STATE PLAZA HOLIDAY TREE LIGHTING AND FIREWORKS

WHEN: SUNDAY, DEC 2, 2018 1:00 PM TO 6:00 PM

WHERE: EMPIRE STATE PLAZA ALBANY, NY

COST: FREE ADMISSION

Glory in the grandeur of the lighting of the official New York State Holiday Tree, December 2, at the Empire State Plaza Tree Lighting and Fireworks Display. Taste of NY Holiday Market at New York State Museum and the Great Train Extravaganza are the same day. This is a full day of fun holiday-themed events that's sure to get you in the holiday spirit!

ANNUAL WATERVLIIET CHRISTMAS TREE LIGHTING CEREMONY

WHEN: SATURDAY, DEC 8, 2018 5:00 PM TO 6:30 PM

WHERE: VETERANS MEMORIAL PARK, WATERVLIIET

COST: FREE ADMISSION

Features include Christmas caroling, horse drawn carriage rides, refreshments and a souvenir tree ornament given to each family. Santa will also be paying a visit for the children's enjoyment.

MARY'S CORNER

Mary's Corner is serving adults caring for children under the age of 4, living in the City of Cohoes or Watervliet. Stop by on Tuesdays or Thursdays from 10:00-12:00. Mary's Corner will be offering the following items free of charge; formula, Stewart's Milk Coupons, Diapers, Baby Clothing (infant to size 5), baby furnishings (strollers, bouncy seats, baby gates), breast feeding items, literacy classes/GED tutoring, support group/Just Mom & Me, and other outreach services. Registration and proof of residency is required. For more information, contact Mary Clinton at the office.

Open Door Community Center
115 Mohawk Street
Cohoes, NY 12047
(Located under the Library)
518-269-6068

TROY WATERFRONT FARMERS' MARKET

Winter season as started! It is open from 9:00am to 2:00pm every Saturday. They are accepting Debit and EBT Cards - tokens available at the Market Table. There is also free parking in the Uncle Sam, 5th Avenue, and State Street Parking Garages. The winter farmer's market is located inside the Troy Atrium (49 4th Street).

IN THE COMMUNITY

22ND ANNUAL LIGHTS IN THE PARK

WHEN: NOV 23 - JAN 2

SUN - TH 6:00 PM - 9:00 PM

FRI - SAT 6:00 PM - 10:00 PM

COST: \$20.00 PER CAR

\$25.00 FOR 10-18 PASSENGER VEHICLE

\$50.00 FOR 19-28 PASSENGER VEHICLE

\$100.00 FOR SCHOOL BUSES

\$125.00 FOR COMMERCIAL COACHES

WHERE: WASHINGTON PARK, ALBANY

Features include Christmas caroling, horse drawn carriage rides, refreshments and a souvenir tree ornament given to each family. Santa will also be paying a visit for the children's enjoyment. At the end of your drive through the Lights, the Washington Park Lake House comes alive. Join your favorite reindeer and friends as they bring fun and mystery to the holiday season. The Lake House is filled with crafts and refreshments. Santa will be there through Dec. 23 to hear the holiday wishes of the little ones. For more information and the most up-to-date schedule of events at Price Chopper/Market 32 Capital Holiday Lights, visit www.albanycapitalholidaylights.com or call Albany PAL at 518-435-0392. Volunteers are needed nightly (Sun – Thurs 5:30 – 9 PM and Fri and Sat 5:30 – 10 PM). Please contact Sherry at PAL Office at 518-435-0392 for more information.

HANRATA POINSETTIAS

WHEN: TUESDAY, DEC 18, 2018

Poinsettias will be given out door to door by the Student Ambassadors from Watervliet Elementary School.

WES PTA BREAKFAST WITH SANTA

WHEN: SATURDAY, DEC 1, 2018 8:00 AM TO 9:30 AM

WHERE: WATERVLIET ELEMENTARY SCHOOL

WATERVLIET JUNIOR SENIOR HIGH SCHOOL WINTER CONCERT

WHEN: MONDAY, DEC 5, 2018 6:30 PM TO 8:00 PM

WHERE: WATERVLIET JR/SR HIGH SCHOOL

COST: FREE ADMISSION

Saturday During the concert, the Watervliet Junior High will be having their annual Bake-Offs

WATERVLIET ELEMENTARY SCHOOL WINTER CONCERT

WHEN: MONDAY, DEC 12, 2018 6:30 PM TO 8:00 PM

WHERE: WATERVLIET ELEMENTARY SCHOOL

COST: FREE ADMISSION

QUINN COMMUNITY CHRISTMAS PARTY

WHEN: SUNDAY, DEC 16, 2018 1:00 PM TO 4:00 PM

WHERE: QUINN COMMUNITY ROOM

Raffles, food, entertainment, and drinks

COMMUNITY EVENTS

WATERVLIET SENIOR CENTER GROUP LUNCHES

Enjoy a nutritious and fun lunch with the Watervliet Senior Center every weekday at noon. The \$3 suggested donation is anonymous and everyone is welcome. Call for the daily menu and sign up by 2 p.m. for the following day. The Senior Center is located at 1501 Broadway, Watervliet. Call 518-273-6480 to make a reservation and for more information.

MARY'S SOUP KITCHEN

The Immaculate Heart of Mary Parish has a soup kitchen every Monday afternoon from 3:00 PM to 5:30 PM at the Parish Life Center, located at 2416 7th Avenue. All are welcome. Call 518-273-6020.

IN STITCHES AT THE LIBRARY

Every Wednesday at 6:30 PM, the Watervliet Public Library hosts a community knitting, crochet, needlework social group. Keep yourself from unraveling and unwind with us.

WATERVLIET CITY SCHOOL DISTRICT RECESS

DEC 24, 2018 - JANUARY 1, 2019.



CONTACT US

518.273.4717

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518.273.6085 (after hours)

For general inquiries,
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 **2400 2nd Avenue**
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